

December 2016



EZSchoolPay.com makes paying for school meals easy and convenient!



MONDAY

Did you know...
The candy cane was first introduced to America in 1847 by a German-Swedish immigrant named August Imgard?

5
Whole-Grain Cereal Variety Craisins
Chili w/ Corn Bread Grilled Cheese Sandwich Chef Salad
Green Beans Applesauce, Fresh Pear

12
Whole-Grain Cereal Variety Peaches
Chicken Drumstick w/ Macaroni & Cheese Corn Dog w/ Macaroni & Cheese Garden Salad
Steamed Carrots Applesauce, Fresh Orange

19
Whole-Grain Cereal Variety Pears
Mini Cheeseburgers Cheese Quesadilla
Sweet Potato Waffle Fries Peaches, Fresh Pear

TUESDAY

6
Turkey Sausage, Egg & Cheese on English Muffin Applesauce
Chicken Patty Sandwich Cheesy Nacho Bites Chef Salad
Sweet Potato Waffle Fries Fruit Cocktail, Fresh Cantaloupe

13
Mini Bagels w/ Flavored Cream Cheese Applesauce
Hamburger or Cheeseburger Red Chile Chicken Tamale Garden Salad
Ranch Beans, Fruit Cocktail Fresh Watermelon

20
Bagel w/ Cream Cheese String Cheese Applesauce
Hot Dog on a Bun Bean & Cheese Chalupa
Steamed Corn Fruit Cocktail, Fresh Cantaloupe

WEDNESDAY

7
Whole-Grain Breakfast Bar Fruit Cocktail
Stuffed Crust Pizza Mini Chicken Tacos Chef Salad
Seasoned Pinto Beans Craisins, Fresh Apple Slices

14
Whole-Grain Cinnamon Cake Fruit Cocktail
Early Release
Domino's Pizza Garden Salad
Steamed California Veggies Pineapple, Fresh Strawberries

21
Apple or Cherry Frudel String Cheese Fruit Cocktail
Green Chili Cheese or Red Chili Chicken Tamale
Seasoned Pinto Beans Applesauce, Fresh Mango Raspberry Churro

THURSDAY

1
Egg, Cheese & Beef Chorizo Burrito Pineapple
Teriyaki Chicken & Rice Bowl Chicken Egg Roll w/ Asian Rice Chicken Caesar Salad
Steamed Broccoli Mandarin Oranges, Fresh Kiwi

8
Whole-Grain Honey Bar Fresh Banana
Chicken Alfredo w/ Garlic Toast Italian Cheese Sticks w/ Marinara Chef Salad
Steamed Broccoli Pears, Fresh Grapes

15
Whole-Grain Muffin Pineapple
Orange Chicken & Rice Bowl Chicken Egg Roll w/ Asian Inspired Rice Garden Salad
Steamed Broccoli Mandarin Oranges, Fresh Kiwi

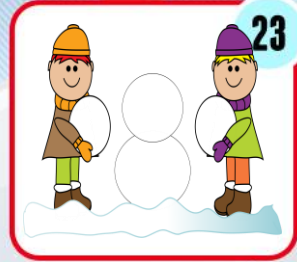
22
Pancake on a Stick Fresh Banana
Winter Wonderland Chicken Nuggets w/ Gingerbread Crackers
Green Beans Pears, Fresh Fruit

FRIDAY

2
Whole-Grain Mini Donuts Mandarin Oranges
Popcorn Chicken Bowl Chicken Caesar Salad
Steamed Carrot Coins Craisins, Fresh Apple

9
Whole-Grain Cereal Variety Pears
Brunch for Lunch
French Toast w/ Turkey Sausage Patty Chef Salad
Hashbrown Patties Frozen Fruit Cup, Fresh Apple

16
Whole-Grain Cereal Variety Mandarin Oranges
Brunch for Lunch
Chicken Tenders w/ Dutch Waffle Garden Salad
Hashbrown Patties Peaches, Fresh Apple



Daily Breakfast Offerings
100% Fruit Juice
Fat Free White Milk
1% White Milk

Daily Lunch Offerings
Grab and Go Pack
Fat Free Flavored Milk
1% White Milk
Unlimited Student Salad Bar

Adult & Non-Student Meal Prices
Breakfast: \$1.75
Lunch: \$2.50
Salad Bar Only: \$2.00
Additional Salad Bar Trip: \$1.00

Student Meal Prices
Breakfast: FREE
Reduced-Price Lunch: \$0.40
Full Price Lunch: \$2.10

Please visit the Child Nutrition webpage for additional information and resources at:
www.laveeneld.org

Online Meal Payments Available at:
<https://EZSchoolPay.com>

Online Free & Reduced-Price Meal Application Available at:
<https://EZMealApp.com>

The menu is subject to change.

This institution is an equal opportunity provider.

WINTER BREAK
December 23 - January 6

LAVEEN ELEMENTARY SCHOOL DISTRICT
YOUR SCHOOL MENU HAS NOW GONE DIGITAL!
nutrislice

Introducing Nutrislice, an interactive online way to view your child's school menus. With Nutrislice, you can:

- View images and descriptions
- View nutrition information for each food
- Filter the menu for specific food allergens
- Rate foods and see carb counts
- Access menus with the Nutrislice mobile app!

Visit: laveen.nutrislice.com or click on this banner to see your digital menus!

Go green and save a tree, submit your application online today!

