

NOVEMBER 2016



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MONDAY



7
Whole-Grain Cereal Variety
Craisins

Chili w/ Corn Bread
Grilled Cheese Sandwich
Chef Salad

Green Beans
Applesauce, Fresh Pear

14
Whole-Grain Cereal Variety
Peaches

Chicken Drumstick w/
Macaroni & Cheese
Corn Dog w/ Macaroni & Cheese
Tuna Salad w/ Crackers

Steamed Carrots
Applesauce, Fresh Orange

21
Whole-Grain Cereal Variety
Pears

Mini Cheeseburgers
Cheese Quesadilla
Taco Salad

Sweet Potato Waffle Fries
Applesauce, Fresh Cantaloupe

28
Whole-Grain Cereal Variety
Watermelon Raisels

Mini Chicken Corn Dogs
Chicken Taquitos
Chicken Caesar Salad

Steamed Corn
Applesauce, Fresh Orange

TUESDAY

1
Whole-Grain Honey Bun
Applesauce

Mini Chicken Corn Dogs
Chicken Taquitos
Chicken Caesar Salad

Ranch Beans
Fruit Cocktail, Fresh Watermelon

8
Turkey Sausage, Egg & Cheese on
English Muffin
Applesauce

Chicken Patty Sandwich
Cheesy Nacho Bites
Chef Salad

Sweet Potato Waffle Fries
Fruit Cocktail, Fresh Cantaloupe

15
Mini Bagels w/
Flavored Cream Cheese
Applesauce

Hamburger or Cheeseburger
Red Chile Chicken Tamale
Tuna Salad w/ Crackers

Ranch Beans, Fruit Cocktail
Fresh Watermelon

22
Bagel w/ Cream Cheese
String Cheese
Applesauce

Oven Roasted Turkey
Mashed Potatoes & Gravy
Steamed Corn, Fresh Pear
Cranberry Sauce
Cinnamon Apples
Dinner Roll

29
Whole-Grain Honey Bun
Applesauce

Chicken Nuggets w/ Dinner Roll
Bean & Cheese Burrito
Chicken Caesar Salad

Ranch Beans
Fruit Cocktail, Fresh Watermelon

WEDNESDAY

2
Whole-Grain Poptart
Yogurt
Fruit Cocktail

Early Release
Domino's Pizza
Chicken Caesar Salad

Steamed California Veggies
Pineapple, Fresh Strawberries

9
Whole-Grain Breakfast Bar
Fruit Cocktail

Stuffed Crust Pizza
Mini Chicken Tacos
Chef Salad

Seasoned Pinto Beans
Craisins, Fresh Apple Slices

16
Whole-Grain Cinnamon Cake
Fruit Cocktail

Early Release
Domino's Pizza
Tuna Salad w/ Crackers

Steamed California Veggies
Pineapple, Fresh Strawberries

23
Apple or Cherry Frudel
String Cheese
Fruit Cocktail

French Bread Cheese Pizza
Pasta w/ Meat Sauce
Taco Salad

Steamed Broccoli
Pears, Fresh Apple

30
Whole-Grain Poptart
Yogurt
Fruit Cocktail

Stuffed Crust Pizza
Mini Chicken Tacos
Chicken Caesar Salad

Steamed California Veggies
Pineapple, Frozen Fruit Cup

THURSDAY

3
Egg, Cheese & Beef Chorizo Burrito
Pineapple

Teriyaki Chicken & Rice Bowl
Chicken Egg Roll w/ Asian Rice
Chicken Caesar Salad

Steamed Broccoli
Mandarin Oranges, Fresh Kiwi

10
Whole-Grain Honey Bar
Fresh Banana

Chicken Alfredo w/ Garlic Toast
Italian Cheese Sticks w/ Marinara
Chef Salad

Steamed Broccoli
Pears, Fresh Grapes

17
Whole-Grain Muffin
Pineapple

Orange Chicken & Rice Bowl
Chicken Egg Roll
w/ Asian Inspired Rice
Tuna Salad w/ Crackers

Steamed Broccoli
Mandarin Oranges, Fresh Kiwi



LAVEEN ELEMENTARY SCHOOL DISTRICT
YOUR SCHOOL MENU HAS NOW GONE DIGITAL!

FRIDAY

4
Whole-Grain Mini Donuts
Mandarin Oranges

Popcorn Chicken Bowl
Chicken Caesar Salad

Steamed Carrot Coins
Craisins, Fresh Apple

11
No School Veterans Day

18
Whole-Grain Cereal Variety
Mandarin Oranges

Brunch for Lunch
Chicken Tenders
w/ Dutch Waffle
Tuna Salad w/ Crackers

Hashbrown Patties
Peaches, Fresh Apple

Daily Breakfast Offerings

- 100% Fruit Juice
- Fat Free White Milk
- 1% White Milk

Daily Lunch Offerings

- Grab and Go Pack
- Fat Free Flavored Milk
- 1% White Milk
- Unlimited Student Salad Bar

Adult & Non-Student Meal Prices

- Breakfast: \$1.75
- Lunch: \$2.50
- Salad Bar Only: \$2.00
- Additional Salad Bar Trip: \$1.00

Student Meal Prices

- Breakfast: FREE
- Reduced-Price Lunch: \$0.40
- Full Price Lunch: \$2.10

Please visit the Child Nutrition webpage for additional information and resources at:

www.laveeneld.org

Online Meal Payments Available at:

<https://EZSchoolPay.com>

Online Free & Reduced-Price Meal Application Available at:

<https://EZMealApp.com>

The menu is subject to change.

This institution is an equal opportunity provider.

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- View nutrition information for each food
- Filter the menu for specific food allergens
- Rate foods and see carb counts
- Access menus with the Nutrislice mobile app.

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