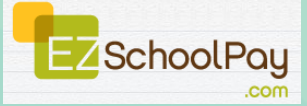


September 2017



EZSchoolPay.com makes paying for school meals easy and convenient!



Monday

Tuesday

Wednesday

Thursday

Friday

Stone fruit are in season this month in Arizona! Stone fruit include peaches, nectarines, apricots, plums, and their hybrids like pluots. See if you can find where we are serving stone fruit for lunch this month!



Stone Fruit are:
 -Delicious in smoothies, desserts, or on their own!
 -Called stone fruit because of the "stone-like" seed on the inside.
 -High in vitamins A, C, and potassium.
 -A good source of fiber.
 -A great way to satisfy sweet cravings.

1

Whole-Grain Mini Donut Variety
Mandarin Oranges

Brunch for Lunch
French Toast
w/ Chicken Sausage Patty
Taco Salad

Hashbrown Patties
Craisins, Fresh Plum

4

LABOR DAY

5

Whole-Grain Breakfast Bar Variety
Applesauce

Chicken Patty Sandwich
Cheesy Nacho Bites
Chef Salad

Tater Tots
Fruit Cocktail
Fresh Cantaloupe

6

Whole-Grain Benefit Bar Variety
Fruit Cocktail

Early Release
Domino's Pizza
Chef Salad

Seasoned Pinto Beans
Craisins
Fresh Apple Slices

7

Sausage, Egg, & Cheese
on an English Muffin
Fresh Banana

Cheesy Chicken Burrito
Cheese Sticks w/ Marinara
Chef Salad

Steamed Broccoli
Pears
Fresh Grapes

8

Whole-Grain Cereal Variety
Pears

Popcorn Chicken Bowl
Chef Salad

Steamed Carrots
Frozen Fruit Cup
Fresh Peach

11

Whole-Grain Cereal Variety
Peaches

Chicken Drumstick
w/ Mac and Cheese
Corn Dog w/ Mac and Cheese
Tuna Salad w/ Crackers

Sweet Potato Waffle Fries
Applesauce, Fresh Orange

12

Mini Bagel
w/ Cream Cheese Variety
Applesauce

Hamburger or Cheeseburger
Red Chili Chicken Tamale
Tuna Salad w/ Crackers

Ranch Beans
Raisins
Fresh Watermelon

13

Apple Cinnamon Cake
Raisins

French Bread Cheese Pizza
Chicken Alfredo
w/ Garlic Toast
Tuna Salad w/ Crackers

Steamed California Veggies
Pineapple Tidbits
Fresh Kiwi

14

Whole-Grain Muffin Variety
Pineapple Tidbits

Orange Chicken Rice Bowl
Egg Roll w/ Asian Rice
Tuna Salad w/ Crackers

Steamed Broccoli
Mandarin Oranges
Fresh Strawberries

15

Whole-Grain Cereal Variety
Mandarin Oranges

Brunch for Lunch
Chicken Tenders
w/ Dutch Waffle
Tuna Salad w/ Crackers

Hashbrown Patties
Peaches, Fresh Nectarine

18

Whole-Grain Cereal Variety
Pears

Chili con Carne
w/ Corn Bread
Grilled Cheese Sandwich
Chicken Caesar Salad

Sweet Potato Waffle Fries
Applesauce, Fresh Pear

19

Bagel
w/ Cream Cheese
Applesauce

Hot Dog on a Bun
Bean and Cheese Chalupa
Chicken Caesar Salad

Steamed Corn
Fruit Cocktail
Fresh Cantaloupe

20

Whole-Grain Frudel Variety
Fruit Cocktail

Early Release
Domino's Pizza
Chicken Caesar Salad

Steamed Broccoli
Sour Apple Fruit Slush
Fresh Apple Slices

21

Pancake on a Stick
Hashbrown Patties
Fresh Banana

Chicken Nuggets w/ Crackers
Meatball Sub
Chicken Caesar Salad

Steamed Green Beans
Peaches
Fresh Grapes

22

Whole-Grain Cereal Variety
Peaches

Beefy Nacho Supreme
Chicken Caesar Salad

Seasoned Pinto Beans
Watermelon Raisels
Fresh Apple

25

Whole-Grain Cereal Variety
Watermelon Raisels

Mini Corn Dogs
Chicken Taquitos
Taco Salad

Ranch Beans
Applesauce
Fresh Orange

26

Whole-Grain Honey Bun
Applesauce

Pasta w/ Meat Sauce
Bean and Cheese Burrito
Taco Salad

Steamed Carrots
Fruit Cocktail
Fresh Watermelon

27

Whole-Grain Poptart Variety w/ Yogurt
Fruit Cocktail

Pizza Wedge
Mini Chicken Tacos
Taco Salad

Steamed California Veggies
Pineapple Tidbits
Frozen Fruit Cup

28

Egg, Cheese, & Chorizo Burrito
Pineapple Tidbits

Teriyaki Chicken Rice Bowl
Egg Roll w/ Asian Rice
Taco Salad

Steamed Broccoli
Mandarin Oranges
Fresh Kiwi

29

Whole-Grain Mini Donut Variety
Mandarin Oranges

Brunch for Lunch
French Toast
w/ Chicken Sausage Patty
Taco Salad

Hashbrown Patties
Craisins, Fresh Apple

Daily Breakfast Offerings
 100% Fruit Juice
 Fat Free White Milk
 1% White Milk

Daily Lunch Offerings
 Yogurt Combo Pack
 Unlimited Salad Bar
 Fat Free Flavored Milk
 1% White Milk

Adult & Non-Student Prices
 Breakfast: \$2.50
 Lunch: \$3.00
 Salad Bar Only: \$2.00
 Additional Salad Bar Trip: \$1.00

Student Meal Prices
 Breakfast: FREE
 Reduced-Price Lunch: \$0.40
 Full Price Lunch: \$2.20

Please visit the Child Nutrition webpage for additional information and resources at:
www.laveeneld.org

Online Free & Reduced-Price Meal Application Available at:
<https://EZMealApp.com>

Online Meal Payments Available at:
<https://EZSchoolPay.com>

The menu is subject to change.

This institution is an equal opportunity provider.

