

October 2017



EZSchoolPay.com makes paying for school meals easy and convenient!



Monday

2

Whole-Grain Cereal Variety Craisins
 Mini Cheeseburgers
 Cheese Quesadilla
 Chef Salad
 Green Beans
 Applesauce
 Fresh Pear

Tuesday

3

Whole-Grain Breakfast Bar Applesauce
 Chicken Patty Sandwich
 Cheesy Nacho Bites
 Chef Salad
 Tater Tots
 Fruit Cocktail
 Fresh Cantaloupe

Wednesday

4

Whole-Grain Benefit Bar Variety Fruit Cocktail
 Garlic French Bread Pizza
 Chicken Alfredo
 w/ Garlic Toast
 Chef Salad
 Seasoned Pinto Beans
 Craisins, Fresh Apple Slices

Thursday

5

Sausage, Egg, and Cheese on an English Muffin
 Fresh Banana
 Cheesy Chicken Burrito
 Cheese Sticks w/ Marinara
 Chef Salad
 Steamed Broccoli
 Pears
 Fresh Grapes

Friday

6

Whole-Grain Cereal Variety Pears
 Popcorn Chicken Bowl
 Chef Salad
 Steamed Carrots
 Frozen Fruit Cup
 Fresh Apple

Fall Break October 9 - 13

16
 Whole-Grain Cereal Variety Peaches
 Chicken Drumstick w/ Mac and Cheese
 Corn Dog w/ Mac and Cheese
 Asian Chicken Salad
 Sweet Potato Waffle Fries
 Applesauce, Fresh Orange

17
 Mini Bagel w/ Cream Cheese Variety Applesauce
 Hamburger or Cheeseburger
 Red Chili Chicken Tamale
 Asian Chicken Salad
 Ranch Beans
 Raisins
 Fresh Watermelon

18
 Apple Cinnamon Cake
 Raisins
Early Release
 Domino's Pizza
 Asian Chicken Salad
 Steamed California Veggies
Orange Mango Fruit Slush
 Fresh Kiwi

19
 Whole-Grain Muffin Variety
 Pineapple Tidbits
 Orange Chicken Rice Bowl
 Egg Roll w/ Asian Rice
 Asian Chicken Salad
 Steamed Broccoli
 Mandarin Oranges
 Fresh Strawberries

20
 Whole-Grain Cereal Variety
 Mandarin Oranges
Brunch for Lunch
 Egg Roll w/ Asian Rice
 w/ Dutch Waffle
 Asian Chicken Salad
 Hashbrown Patties
 Peaches, Fresh Apple

23
 Whole-Grain Cereal Variety Pears
 Chili con Carne w/ Corn Bread
 Grilled Cheese Sandwich
 Chicken Caesar Salad
 Sweet Potato Waffle Fries
 Applesauce, Fresh Pear

24
 Bagel w/ Cream Cheese Applesauce
 Hot Dog on a Bun
 Bean and Cheese Chalupa
 Chicken Caesar Salad
 Steamed Corn
 Fruit Cocktail
 Fresh Cantaloupe

25
 Whole-Grain Frudel Variety
 Fruit Cocktail
 Pizza Wedge
 Mini Chicken Tacos
 Chicken Caesar Salad
 Steamed Broccoli
 Pears
 Fresh Apple Slices

26
 Pancake on a Stick
 Hashbrown Patties
 Fresh Banana
Early Release
 Chicken Nuggets w/ Crackers
 Meatball Sub
 Chicken Caesar Salad
 Green Beans
 Peaches, Fresh Grapes

27
 Whole-Grain Cereal Variety Peaches
Early Release
 Beefy Nacho Supreme
 Chicken Caesar Salad
 Seasoned Pinto Beans
 Watermelon Raisels
 Fresh Apple

30
 Whole-Grain Cereal Variety
 Watermelon Raisels
 Mini Corn Dogs
 Chicken Taquitos
 Taco Salad
 Ranch Beans
 Applesauce
 Fresh Orange

31
 Whole-Grain Honey Bun Applesauce
Bat Nuggets w/ Troll Crackers
 Bean and Cheese Burrito
 Taco Salad
 Steamed Carrots
 Fruit Cocktail
 Fresh Watermelon



LAVEN ELEMENTARY SCHOOL DISTRICT
YOUR SCHOOL MENU HAS NOW GONE DIGITAL!

Introducing Nutrislice, an interactive online way to view your child's school menus. With Nutrislice, you can:

- View images and descriptions
- View nutrition information for each food
- Filter the menu for specific food allergies
- Rate foods and see carb counts
- Access menus with the Nutrislice mobile app!

Visit: laven.nutrislice.com or click on this banner to see your digital menus!



Daily Breakfast Offerings
 100% Fruit Juice
 Fat Free White Milk
 1% White Milk

Daily Lunch Offerings
 Yogurt Combo Pack
 Unlimited Salad Bar
 Fat Free Flavored Milk
 1% White Milk

Adult & Non-Student Prices
 Breakfast: \$2.50
 Lunch: \$3.00
 Salad Bar Only: \$2.00
 Additional Salad Bar Trip: \$1.00

Student Meal Prices
 Breakfast: FREE
 Reduced-Price Lunch: \$0.40
 Full Price Lunch: \$2.20

Please visit the Child Nutrition webpage for additional information and resources at:
www.laveeneld.org

Online Free & Reduced-Price Meal Application Available at:
<https://EZMealApp.com>

Online Meal Payments Available at:
<https://EZSchoolPay.com>

The menu is subject to change.

This institution is an equal opportunity provider.