

# November 2017



EZSchoolPay.com makes paying for school meals easy and convenient!



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

LAVEEN ELEMENTARY SCHOOL DISTRICT

### YOUR SCHOOL MENU HAS NOW GONE DIGITAL!

Introducing Nutrislice, an interactive online way to view your child's school menus. With Nutrislice, you can:

- View images and descriptions
- View nutrition information for each food
- Filter the menu for specific food allergens
- Rate foods and see carb counts
- Access menus with the Nutrislice mobile app!

Visit: [laveen.nutrislice.com](http://laveen.nutrislice.com) or click on this banner to see your digital menus!

**1**

Whole-Grain Poptart Variety w/ Yogurt Fruit Cocktail

*Early Release*  
Domino's Pizza Taco Salad

Steamed California Veggies  
Pineapple Tidbits  
Frozen Fruit Cup

**2**

Egg, Cheese, and Chorizo Burrito  
Pineapple Tidbits

Teriyaki Chicken Bowl  
Egg Roll w/ Asian Rice  
Taco Salad

Steamed Broccoli  
Mandarin Oranges  
Fresh Kiwi

**3**

Whole-Grain Mini Donut Variety  
Mandarin Oranges

*Brunch for Lunch*  
French Toast w/ Chicken Sausage Patty  
Taco Salad

Hashbrown Patties  
Craisins  
Fresh Apple

**6**

Whole-Grain Cereal Variety  
Craisins

Mini Cheeseburgers  
Cheese Quesadilla  
Chef Salad

Green Beans  
Applesauce  
Fresh Pear

**7**

Whole-Grain Breakfast Bar  
Applesauce

Chicken Patty Sandwich  
Cheesy Nacho Bites  
Chef Salad

Tater Tots  
Fruit Cocktail  
Fresh Cantaloupe

**8**

Whole-Grain Benefit Bar Variety  
Fruit Cocktail

Cheese or Pepperoni Pizza  
Mini Chicken Tacos  
Chef Salad

Seasoned Pinto Beans  
Craisins  
Fresh Apple Slices

**9**

Sausage, Egg, and Cheese on an English Muffin  
Fresh Banana

Cheesy Chicken Burrito  
Cheese Sticks w/ Marinara  
Chef Salad

Steamed Broccoli  
Pears  
Fresh Grapes

**10**

**Veterans Day**  
Honoring All Who Served

**13**

Whole-Grain Cereal Variety  
Peaches

Chicken Drumstick w/ Mac and Cheese  
Corn Dog w/ Mac and Cheese  
Tuna Salad w/ Crackers

Sweet Potato Tater Puffs  
Applesauce  
Fresh Orange

**14**

Mini Bagel w/ Cream Cheese Variety  
Applesauce

Hamburger or Cheeseburger  
Red Chili Chicken Tamale  
Tuna Salad w/ Crackers

Ranch Beans  
Raisins  
Fresh Watermelon

**15**

Apple Cinnamon Cake  
Raisins

*Early Release*  
Domino's Pizza  
Tuna Salad w/ Crackers

Steamed California Veggies  
*Kiwi Strawberry Fruit Slush*  
Fresh Kiwi

**16**

Whole-Grain Muffin Variety  
Pineapple Tidbits

Orange Chicken Rice Bowl  
Egg Roll w/ Asian Rice  
Tuna Salad w/ Crackers

Steamed Broccoli  
Mandarin Oranges  
Fresh Strawberries

**17**

Whole-Grain Cereal Variety  
Mandarin Oranges

*Brunch for Lunch*  
Chicken Tenders w/ Dutch Waffle  
Tuna Salad w/ Crackers

Hashbrown Patties  
Peaches, Fresh Apple

**20**

Whole-Grain Cereal Variety  
Pears

Chili con Carne w/ Corn Bread  
Grilled Cheese Sandwich  
Chicken Caesar Salad

Sweet Potato Tater Puffs  
Applesauce, Fresh Pear

**21**

Whole-Grain Pumpkin Bread  
Applesauce

*Oven Roasted Turkey Mashed Potatoes and Gravy*  
Steamed Corn  
Dinner Roll  
Fresh Pear  
Pumpkin Pie  
Cranberry Sauce

**22**

Whole-Grain Fruited Variety  
Fruit Cocktail

Turkey Shaped Chicken Nuggets w/ Whole-Grain Pumpkin Shaped Cookie

Steamed Broccoli  
Pears, Fresh Apple Slices

**Happy Thanksgiving**

**27**

Whole-Grain Cereal Variety  
Watermelon Raisels

Mini Corn Dogs  
Chicken Taquitos  
Taco Salad

Ranch Beans  
Applesauce  
Fresh Orange

**28**

Whole-Grain Honey Bun  
Applesauce

Pasta w/ Meat Sauce  
Bean and Cheese Burrito  
Taco Salad

Steamed Carrots  
Fruit Cocktail  
Fresh Watermelon

**29**

Whole-Grain Honey Bun  
Applesauce

French Bread Garlic Pizza  
Chicken Alfredo w/ Garlic Toast  
Taco Salad

Steamed California Veggies  
Pineapple Tidbits  
Frozen Fruit Cup

**30**

Egg, Cheese, and Chorizo Burrito  
Pineapple Tidbits

Teriyaki Chicken Rice Bowl  
Egg Roll w/ Asian Rice  
Taco Salad

Steamed Broccoli  
Mandarin Oranges  
Fresh Kiwi

**Did you know?**

**Benjamin Franklin wanted the turkey to be the national bird, not the eagle.**

**Daily Breakfast Offerings**  
100% Fruit Juice  
Fat Free White Milk  
1% White Milk

**Daily Lunch Offerings**  
Yogurt Combo Pack  
Unlimited Salad Bar  
Fat Free Flavored Milk  
1% White Milk

**Adult & Non-Student Prices**  
Breakfast: \$2.50  
Lunch: \$3.00  
Salad Bar Only: \$2.00  
Additional Salad Bar Trip: \$1.00

**Student Meal Prices**  
Breakfast: FREE  
Reduced-Price Lunch: \$0.40  
Full Price Lunch: \$2.20

Please visit the Child Nutrition webpage for additional information and resources at: [www.laveeneld.org](http://www.laveeneld.org)

Online Free & Reduced-Price Meal Application Available at: <https://EZMealApp.com>

Online Meal Payments Available at: <https://EZSchoolPay.com>

The menu is subject to change.

This institution is an equal opportunity provider.

