

# Laveen Elementary School District 59

Please note that Laveen Elementary School District can not guarantee that the information here is 100% accurate and current. The nutritional and allergen information that we display is provided by food manufacturers, ingredient suppliers and other third parties.

When precise nutritional or allergen information is important to you due to a diet restriction, an allergy, or a medical condition, the information in this web application isn't a substitute for discussing your situation with the Laveen Child Nutrition Department and following their guidance as well as reading any labels, ingredient lists and warnings provided in the cafeteria. If your (or your child's) allergy or condition potentially creates a serious medical risk, you should discuss the risks and appropriate precautions for participating in school lunch with both your medical provider and the Laveen Child Nutrition Department before participating.

Recipe Name	Allergen(s)
3-Pack Honey Graham Crackers	Soy, Wheat
All Beef Hotdog on a Bun	Soy, Wheat
Animal Crackers	Soy, Wheat
Apple Cinnamon Cake	Egg, Milk, Wheat
Apple Cinnamon Muffin	Egg, Milk, Soy, Wheat
Apple Cinnamon Muffin	Milk, Soy, Wheat
Apple Frudel	Milk, Wheat
Asian Chicken Salad	Soy, Tree Nut (Almond), Wheat
Asian Seasoned Brown Rice	Soy, Wheat
Assorted Crackers	Milk, Soy, Wheat
Bagel w/ Cream Cheese	Milk, Wheat
Banana Bread	Egg, Soy, Wheat
Banana Chocolate Chip Chunk Benefit Bar	Egg, Milk, Soy, Wheat
Banana Muffin	Egg, Soy, Wheat
Bananas	
BBQ Sauce	
Bean and Cheese Burrito	Milk, Soy, Wheat
Beef and Bean Chili	
Beef and Cheese Chalupa	Milk, Soy, Wheat
Beefy Nacho Supreme	Milk, Soy, Wheat
Blueberry Muffin	Egg, Soy, Wheat
Brown Sugar Cinnamon Poptart	Soy, Wheat
Bug Cinnamon Graham Crackers	Soy, Wheat
California Blend Vegetables	
Cantaloupe	
Carrot Coins (Steamed Carrots)	
Cheese Enchiladas	Milk, Soy
Cheese Pizza 4x6	Milk, Soy, Wheat
Cheese Quesadilla	Milk, Wheat
Cheese Sandwich - Alternate Meal	Egg, Milk, Soy, Wheat
Cheeseburger	Milk, Soy, Wheat

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Cheeseburger Sliders (Mini Cheeseburgers)	Milk, Soy, Wheat
Cheesy Breadsticks w/ Marinara	Milk, Soy, Wheat
Cheesy Chicken Burrito	Milk, Soy, Wheat
Cheesy Nacho Bits	Milk, Soy, Wheat
Cheez-it Crackers	Milk, Soy, Wheat
Chef Salad w/ Cheez its	Milk, Soy, Wheat
Cherry Frudel	Milk, Wheat
Chicken Alfredo	Milk, Soy, Wheat
Chicken Caesar Salad w/ Herbed Pita	Milk, Soy, Wheat
Chicken Corn Dog	Egg, Soy, Wheat
Chicken Egg Roll	Egg, Milk, Soy, Wheat
Chicken Egg Roll w/ Asian Rice	Egg, Milk, Soy, Wheat
Chicken Nuggets	Soy, Wheat
Chicken Patty Sandwich	Soy, Wheat
Chicken Sausage Patty	
Chicken Taquitos	Soy, Wheat
Chicken Tenders	Soy, Wheat
Chocolate Graham Crackers	Soy, Wheat
Chocolate Mini Bites Frosted Mini Wheat Cereal	Soy, Wheat
Cinnamon Glazed French Toast	Egg, Milk, Soy, Wheat
Cinnamon Holiday Crackers	Wheat
Cinnamon Toast Crunch	Soy, Wheat
Cinnamon Glazed French Toast	Egg, Soy, Wheat
Coco Puff Cereal Bar	Soy, Wheat
Cocoa Puffs Cereal	
Corn (Steamed Corn)	
Corn Bread Loaf	Egg, Milk, Soy, Wheat
Craisins, All Flavors	
Dill Pickle Slices	
Domino's Cheese Pizza	Milk, Soy, Wheat
Domino's Pepperoni Pizza	Milk, Soy, Wheat
Dutch Waffle	Egg, Milk, Soy, Wheat
Egg, Cheese, and Chorizo Burrito	Egg, Milk, Soy, Wheat
Field Trip: Turkey Sandwich Combo	Egg, Milk, Soy, Wheat
Field Trip: Yogurt Combo Pack	Milk, Soy, Wheat
French Toast Benefit Bar	Egg, Milk, Soy, Wheat
Fresh Grapes	
Fresh Kiwi	
Fresh Pears	
Fresh Sliced Apples	
Fresh Strawberries	
Fresh Watermelon	
Fresh Whole Oranges	
Frosted Mini Wheats Cereal	Wheat

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Frozen Fruit Slush	
Frozen Peach Cup	
Frozen Strawberry Cup	
Fruit Cocktail	
Garlic French Bread Pizza	Milk, Wheat
Garlic Toast	Milk, Soy, Wheat
Golden Grahams Cereal	Wheat
Goldfish Crackers	Milk, Wheat
Goldfish Pretzel Crackers	Milk, Wheat
Green Beans	
Green Chili Cheese Tamales	
Grilled Cheese Sandwich	Milk, Soy, Wheat
Gripz Cinnamon Graham Crackers	Milk, Soy, Wheat
Hamburger	Soy, Wheat
Harvest Sunchips Snack Mix	Milk, Wheat
Hashbrown Patties	
Heart Shaped Cookie	Egg, Milk, Soy, Wheat
Heinz Ketchup	
Holiday Shaped Chicken Fingers	Soy, Wheat
Honey Bun w/Icing	Egg, Milk, Soy, Wheat
Jalapeno Slices	
Juice Variety	
Lite Ranch Dressing	Egg, Milk
Lucky Charms Cereal (Gluten Free)	
Macaroni and Cheese	Egg, Milk, Wheat
Mandarin Oranges	
Mangos	
Maple Brown Sugar Chewy Bar	Milk, Soy, Wheat
Marinara Dipping Cup	
Mashed Potatoes	Milk, Soy
Mayonnaise Packet	Egg, Soy
Meatball Sub	Egg, Milk, Wheat
Mesquite Chicken Drumstick	Milk
Milk - Lunch Variety	Milk
Mini Bagel with Cinnamon Cream Cheese	Milk, Wheat
Mini Bagel with Strawberry Cream Cheese	Milk, Wheat
Mini Chicken Corn Dogs	Egg, Soy, Wheat
Mini Chicken Tacos	Milk, Soy, Wheat
Mini Chocolate Donuts	Egg, Milk, Soy, Wheat
Mini Powdered Sugar Donuts	Egg, Milk, Soy, Wheat
Mini Sweet Potato Tater Puffs	
Nonfat Strawberry Yogurt	Milk
Orange Chicken and Rice Bowl	Egg, Soy, Wheat
Pancake on a Stick	Egg, Soy, Wheat

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Pasta w/ Meat Sauce	Soy, Wheat
Pineapple Tidbits	
Popcorn Chicken Bowl	Milk, Soy, Wheat
Pumpkin Bread	Egg, Soy, Wheat
Pumpkin Pie Slice	Egg, Milk, Wheat
Quaker Snack Mix	Milk, Wheat
Raisins	
Ranch Beans	Soy
Raspberry Churro	Egg, Milk, Soy, Wheat
Red Chili Chicken Tamale	
Salsa Dipping Cup	
Sausage, Egg, and Cheese on an English Muffin	Egg, Milk, Soy, Wheat
Seasoned Refried Beans	
Sliced Peaches	
Sliced Pears	
Sliced Turkey Breast	
Smuckers Maple Syrup	
Sour Cream	Milk
Soy Sauce	Soy, Wheat
Spicy Chicken Patty	Soy, Wheat
Steamed Broccoli	
Steamed Brown Rice	
Strawberry Poptart	Soy, Wheat
String Cheese	Milk
Sweet and Sour Sauce	
Sweet Potato Chocolate Chip Muffin Top	Egg, Milk, Soy, Wheat
Taco Salad	Egg, Milk, Soy, Wheat
Tapatio Sauce	
Tater Tots	
Teriyaki Chicken and Rice Bowl	Soy, Wheat
Trix Cereal	
Tuna Fish Salad w/ Crackers	Egg, Fish, Milk, Soy, Wheat
Turkey Pepperoni Pizza	Milk, Soy, Wheat
Turkey Roasted Gravy	Milk, Soy, Wheat
Turkey Shaped Cookie	Egg, Milk, Soy, Wheat
Unsweetened Applesauce	
Vanilla Goldfish Crackers	Soy, Wheat
Watermelon Raisels	
Whole Fresh Apple	
Yellow Mustard	
Yogurt Combo Pack	Milk, Soy, Wheat
Zucchini Bread	Egg, Soy, Wheat