

November 2018

Monday

Tuesday

Wednesday

Thursday

Friday

National NOVEMBER DIABETES AWARENESS MONTH



5
Honey Breakfast Bar
Watermelon Raisels

Mini Cheeseburgers
Cheese Quesadilla
Chef Salad

Green Beans
Applesauce
Fresh Pear

6
Breakfast Pizza
Applesauce

Chicken Patty Sandwich
Pretzel Bites w/ Cheese
Chef Salad

Curly Fries
Fruit Cocktail
Fresh Cantaloupe

7
Bagel Variety
w/ Cream Cheese
Fresh Banana

Ranchero Pizza
Mini Chicken Tacos
Chef Salad

Steamed Broccoli
Craisins
Fresh Apple Slices

1
Egg, Cheese, and Turkey
Ham Tornado
Pineapple Tidbits

Teriyaki Chicken Rice Bowl
w/ Veggie Egg Roll
Cheesy Nacho Bites
Taco Salad

Steamed Broccoli
Mandarin Oranges
Fresh Kiwi

2
Mini Donut Variety
Mandarin Oranges

Brunch for Lunch
French Toast
w/ Sausage Patty
Deli Sandwich
Taco Salad

Hashbrown Patties
Watermelon Raisels
Fresh Apple

8
Sausage, Egg, and Cheese
on English Muffin
Fruit Cocktail

Cheesy Chicken Rolled Taco
Meatball Sub
Chef Salad

Seasoned Pinto Beans
Peaches
Fresh Orange

9
Ultimate Cinnamon
Breakfast Round
Peaches

Cheesy Enchiladas
Deli Sandwich
Chef Salad

Steamed Carrots
Frozen Fruit Cup
Fresh Apple



12
13
French Toast Sticks
Apple Crisps

Hamburger or Cheeseburger
Red Chicken Tamale
Tuna Salad w/ Crackers

Ranch Beans
Craisins
Diced Mango

14
Apple Cinnamon
Crumble Cake
Craisins

Early Release
Domino's Smart Slice Pizza
Tuna Salad w/ Crackers

Steamed California Veggies
Pineapple Tidbits
Fresh Grapes

15
Blueberry & Strawberry
Yogurt Parfait w/ Granola
Pineapple Tidbits

Orange Chicken Rice Bowl
w/ Veggie Egg Roll
Grilled Cheese Sandwich
Tuna Salad w/ Crackers

Steamed Broccoli
Mandarin Oranges
Fresh Kiwi

16
Mini Bagel Variety
Mandarin Oranges

Brunch for Lunch
Chicken and Waffles
Deli Sandwich
Tuna Salad w/ Crackers

Hashbrown Patties
Watermelon Raisels
Fresh Strawberries

19
Cinnamon Roll
Watermelon Raisels

Chicken Drumstick
w/ Onion Rings
Corn Dog
Chicken Caesar Salad

Sweet Potato Tater Puffs
Applesauce
Fresh Pear

20
Apple Cinnamon
Crumble Cake
Applesauce

Oven Roasted Turkey
Mashed Potatoes w/ Gravy
Dinner Roll, Cranberry Sauce

Steamed Green Beans
Apple Crisps
Fresh Red Pear
Pumpkin Pie

21
Frudel Variety
Fresh Banana

Turkey Shaped Chicken
Nuggets
Chicken Caesar Salad

Steamed Broccoli
Pears
Fresh Apple Slices
Turkey Shaped Sugar Cookie



26
Super Breakfast
Slice Variety
Peaches

Mini Corn Dogs
Fiesta Chicken Fajitas
Taco Salad

Ranch Beans
Apple Crisps
Fresh Orange

27
Honey Bun w/ Icing
Apple Crisps

Pasta and Meat Sauce
w/ Garlic Toast
Bean and Cheese Chalupa
Taco Salad

Roasted Butternut Squash
Fruit Cocktail
Diced Mango

28
Pop-Tart Variety
Fruit Cocktail

Cheese or Pepperoni Pizza
Macaroni and Cheese
w/ Garlic Toast
Taco Salad

Steamed California Veggies
Pineapple Tidbits
Fresh Grapes

29
Egg, Cheese, and Turkey
Ham Tornado
Pineapple Tidbits

Teriyaki Chicken Rice Bowl
w/ Veggie Egg Roll
Cheesy Nacho Bites
Taco Salad

Steamed Broccoli
Mandarin Oranges
Fresh Kiwi

30
Mini Donut Variety
Mandarin Oranges

Brunch for Lunch
French Toast
w/ Sausage Patty
Deli Sandwich
Taco Salad

Hashbrown Patties
Watermelon Raisels
Fresh Apple

Daily Breakfast Offerings
Cereal Grab Pack
100% Fruit Juice
Fat Free White Milk
1% White Milk

Daily Lunch Offerings
Yogurt Combo Pack
Unlimited Salad Bar
Fat Free Flavored Milk
1% White Milk

Adult & Non-Student Prices
Breakfast: \$2.50
Lunch: \$3.50
Salad Bar (only): \$2.00
Additional Salad Bar Trip: \$1.00

Student Meal Prices
Breakfast: FREE
Reduced-Price Lunch: \$0.40
Full-Price Lunch: \$2.30

Please visit the Child Nutrition website for additional information and resources at: www.laveeneld.org

Online and Free Reduced-Price Meal at: <https://EZMealApp.com>

Online Meal Payments Available at: <https://EZSchoolPay.com>

The menu is subject to change.

Our kitchens are all peanut free facilities and we do our best to avoid serving pork products.

This institution is an equal opportunity provider.

