

# February 2019

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



**Kids like to feel great. Teach them how to be good to their heart.**

Promote heart healthy foods that are low in saturated fats.

The heart's a muscle too. Give it a workout.

**Healthy Heart**

**Healthy You**

**4**

Super Breakfast Slice Variety  
Peaches

Mini Corn Dogs  
Fiesta Chicken Fajitas  
Taco Salad

Ranch Beans  
Apple Crisps  
Fresh Orange

**5**

Honey Bun w/ Icing  
Apple Crisps

Pasta and Meat Sauce  
w/ Garlic Toast  
Bean and Cheese Chalupa  
Taco Salad

Roasted Butternut Squash  
Fruit Cocktail  
Diced Mango

**6**

Pop-Tart Variety  
Fruit Cocktail

**Early Release Day**  
Domino's Smart Slice Pizza  
Taco Salad

Steamed California Veggies  
Pineapple Tidbits  
Fresh Grapes

**7**

Egg, Cheese &  
Turkey Ham Tornado  
Pineapple Tidbits

Teriyaki Chicken Rice Bowl  
w/ Veggie Egg Roll  
Cheesy Nacho Bites  
Taco Salad

Steamed Broccoli  
Mandarin Oranges  
Fresh Kiwi

**8**

Mini Donut Variety  
Mandarin Oranges

**Brunch for Lunch**  
French Toast  
w/ Sausage Patty  
Deli Sandwich  
Taco Salad

Hashbrown Patties  
Watermelon Raisels  
Fresh Apple Slices

**11**

Honey Breakfast Bar  
Fresh Apple Slices

Mini Cheeseburgers  
Cheese Quesadilla  
Chef Salad

Green Beans  
Applesauce  
Fresh Pear

**12**

Breakfast Pizza  
Applesauce

Chicken Patty Sandwich  
Pretzel Bites w/ Cheese  
Chef Salad

Curly Fries  
Fruit Cocktail  
Fresh Honeydew Melon

**13**

Bagel Variety w/ Cream Cheese  
Fresh Banana

Cheese or Pepperoni  
Stuffed Crust Pizza  
Macaroni and Cheese  
w/ Garlic Toast  
Chef Salad

Steamed Broccoli  
Craisins  
Fresh Apple Slices

**14**

**Cherry Muffin**  
Fruit Cocktail

Cheesy Chicken Rolled Taco  
Meatball Sub  
Chef Salad

Seasoned Pinto Beans  
Peaches  
Fresh Orange  
**Heart Shaped Sugar Cookie**

**15**

Ultimate Cinnamon  
Breakfast Round  
Peaches

Popcorn Chicken Bowl  
Deli Sandwich  
Chef Salad

Steamed Carrots  
RiPS Frozen Fruit Slush  
Fresh Strawberries



**18**

French Toast Sticks  
Apple Crisps

Hamburger or Cheeseburger  
Red Chicken Tamale  
Asian Chicken Salad

Ranch Beans  
Craisins  
Fresh Tangerine

**19**

Apple Cinnamon  
Crumble Cake  
Craisins

**Early Release Day**  
Domino's Smart Slice Pizza  
Asian Chicken Salad

Steamed California Veggies  
Pineapple Tidbits  
Fresh Grapes

**20**

Blueberry & Strawberry  
Yogurt Parfait w/ Granola  
Pineapple Tidbits

Orange Chicken Rice Bowl  
w/ Veggie Egg Roll  
Grilled Cheese Sandwich  
Asian Chicken Salad

Steamed Broccoli  
Mandarin Oranges  
Fresh Kiwi

**21**

Mini Bagel Variety  
Mandarin Oranges

**Brunch for Lunch**  
Chicken and Waffles  
Deli Sandwich  
Asian Chicken Salad

Hashbrown Patties  
Watermelon Raisels  
Fresh Apple Slices

**25**

Cinnamon Roll  
Fresh Apple Slices

Chicken Drumstick  
w/ Onion Rings  
Chicken Corn Dog  
Chicken Caesar Salad

Sweet Potato Tater Tots  
Applesauce  
Fresh Pear

**26**

Benefit Bar Variety  
Applesauce

All-Beef Hot Dog  
Bean and Cheese Burrito  
Chicken Caesar Salad

Steamed Corn  
Fruit Cocktail  
Fresh Honeydew Melon

**27**

Frudel Variety  
Fresh Banana

Buffalo Chicken Pizza  
Mini Chicken Tacos  
Chicken Caesar Salad

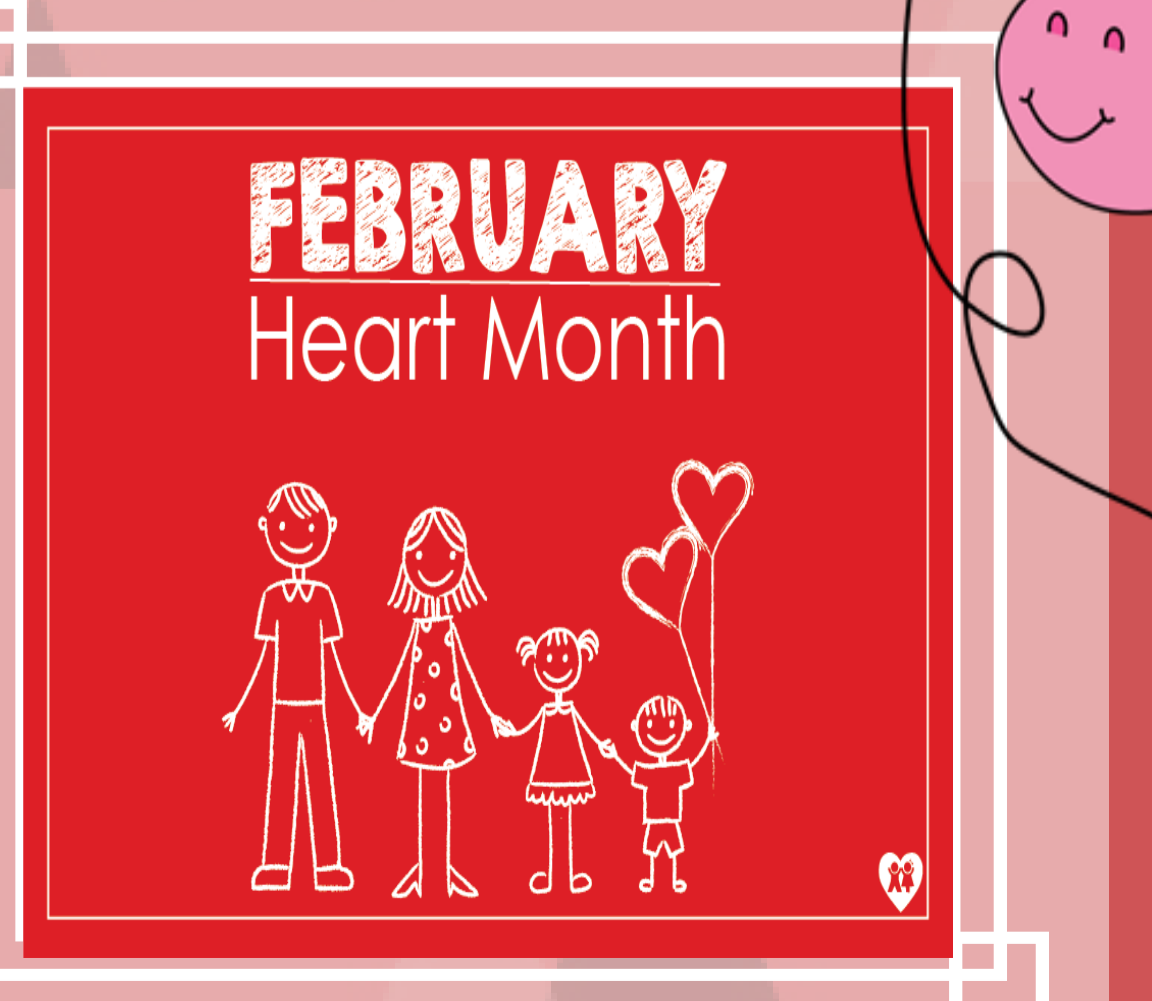
Steamed Broccoli  
Pears  
Fresh Apple Slices

**28**

Pancake On A Stick  
Hashbrown Patty  
Fruit Cocktail

Chicken Nuggets w/ Crackers  
Four Cheese Lasagna  
w/ Garlic Toast  
Chicken Caesar Salad

Green Beans  
Peaches  
Fresh Strawberries



**Daily Breakfast Offerings**  
Cereal Grab Pack  
100% Fruit Juice  
Fat Free White Milk  
1% White Milk

**Daily Lunch Offerings**  
Yogurt Combo Pack  
Unlimited Fruit and Veggie Bar  
Fat Free Flavored Milk  
1% White Milk

**Adult & Non-Student Prices**  
Breakfast: \$2.50  
Lunch: \$3.50  
Salad Bar (only): \$2.00  
Additional Salad Bar Trip: \$1.00

**Student Meal Prices**  
Breakfast: FREE  
Reduced-Price Lunch: \$0.40  
Full-Price Lunch: \$2.30

Please visit the Child Nutrition website for additional information and resources at:  
[www.laveeneld.org](http://www.laveeneld.org)

Online and Free Reduced-Price Meal at: <https://EZMealApp.com>

Online Meal Payments Available at: <https://EZSchoolPay.com>

The menu is subject to change.

Our kitchens are all peanut free facilities and we do our best to avoid serving pork products.

This institution is an equal opportunity provider.

